



# Treales CE Primary School

## Sun Protection Policy

### Sun Protection Policy

Children are cared for throughout the year and every season presents its own challenges: during the summer we must consider sun safety. Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contribute significantly to the lifetime risk of skin cancer.

At Treales CE Primary School we want all staff and children to enjoy the sun safely. We will work with staff, parents and carers to achieve this through;

#### **Education**

All children will be involved in a discussion, appropriate for their age and understanding, at the start of summer about sun protection and the risks

All staff will be educated in the importance of sun protection and the risks involved in not protecting both themselves and others

Parents and carers will be informed about our policy

Sun safety will be promoted through working with parents, staff and the wider community to improve our understanding and provision to avoid the harmful effects of too much exposure to UV. Staff should always act as a positive role model and set a good example by seeking shade whenever possible, wearing appropriate clothing and applying sunscreen.

#### **Protection**

##### *Shade*

Oak Class outdoor area has natural shade in the summer.

Additional shade can be provide with outdoor shelters and large trees.

Children will be encouraged to use the shaded areas during playtimes when appropriate

##### *Clothing*

The children will be encouraged to wear clothes that provide good sun protection (sun hats, etc)

Parents/carers will be informed of the importance to provide School with the appropriate clothing/headwear

Staff should wear hats when appropriate to act as a good role model

##### *Drinking water*

Children are encouraged to increase their water intake in hot weather and are encouraged to do so in outdoor areas also.

Water will always be available to children throughout the day from water dispensers which children will be able to access independently.

### *Sunscreen*

Staff are unable to apply sun cream to a child unless they have a SEND or medical reason to do so. Staff will supervise and advise children when they apply sun cream in school. All children are encouraged to apply a high factor, long lasting sun cream BEFORE they attend school each day. Opportunity to apply sun cream will be offered before lunchtime play. Sun cream MUST be named and left in school for the duration of the summer term. Staff will store sun cream in line with our administering medication policy.

Further information regarding sun safety can be found on <https://www.cancerresearchuk.org/about-cancer/causes-of-cancer/sun-uv-and-cancer/ways-to-enjoy-the-sun-safely-0>

Permission is sought annually from parents via School Spider:

I give permission for my child to reapply sun cream under the supervision of school staff, if required during the summer months. I understand that my child should attend School with sun cream already applied. I agree to provide a suitable sun cream and hat, labelled with my child's name. I understand that Treales CE School will not provide sun creams or allow children to share sun cream, due to the possibility of allergies, under any circumstances.